







ref. thickness price 61 x 183 cm 0.8 cm CA001 € 29.49 CA001B 61 x 183 cm 1.5 cm € 34.49

Reinforced yoga mat

Reinforced fabric perimeter. Comes with a carrying elastic.







ref. thickness price CA002 60 x 180 cm 0.8 cm € 25.49 CA002B 60 x 180 cm 1.5 cm € 29.49

Yoga mat with eyelets

With eyelets for easy hanging. Comes with carrying elastic.







Foam roller

Textured surface for extra grip. Targets muscle pain.

ref.	size	diameter	price
CA004	33 cm	15 cm	€ 15.90







Textured foam roller

Textured surface.

ref.	size	diameter	price
CA006	45 cm	15 cm	€ 19 49









Inflatable proprioception cushion

Allows you to work the lower limbs gently. Max load 120 kg.

ref.	size	weight	price
TA275	33 cm	1 kg	€ 17.89







Round balance board

Non-slip surface and bi-directional balance structure.

ref.	size	comp.	price
CA011	9.5 x 39.5 x 7 cm	wood	€ 25.49







Balance trainer

2 sides to work differently.
Possibility to put 2 extension strips with foam handles.
Non-slip half.

ref.	diameter	price
CA014	58 cm	€ 90.00







Non-slip surface.



ref.	size	comp.	price
CA012	45 x 35 x 9.5 cm	wood	€ 39.49









Gym ball



ref.	size	colour	comp.	price
CA01555	55 cm	black	silicone 600D	€ 14.49
CA01565	65 cm	grey	silicone 600D	€ 15.49
CA01575	75 cm	red	silicone 600D	€ 17.49







Its non-slip surface will allow you to work safely.

ref.	size	price
CA013	45 x 28 x 10 cm	€ 39.49



HOME TRAINING







Set of 3 resistance bands

Ideal for joint and muscle injury prevention work.

ref.	thickness	price	
CA016	07-09-11 mm	€ 12.49	





Sand-weighted PVC ball

ref.	weight	price
CA021	0.5 kg	€ 5.89
CA022	1 kg	€ 6.49
CA023	2 kg	€ 8.49









Skipping rope







Medecine ball

Innovative weighted design.

ref.	size	weight	price
CA019	2.8 m	120 g	€ 9.49







Weighted skipping rope

Built-in anti-winding steel cable and 3 meter adjustable cable length.

ref.	size	weight	price
CA017	3 m	adjustable up to 170a	€ 7.49







Wrist & ankle weights x2

Weights that wrap around the wrists and ankles. Pockets evenly distribute the weight.

ref.	weight	comp.	price
CA024	2 x 0.5kg	neoprene	€ 8.49
CA025	2 x 1.5kg	neoprene	€ 15.49

Ideal for arm and core work.

ref.	weight	comp.	price
TA157	1 kg	molded non-slip rubber	€ 25.49
TA0702	2kg	moulded non-slip rubber	€ 28.49
TA0703	3kg	moulded non-slip rubber	€ 33.49
TA0704	5kg	moulded non-slip rubber	€ 36.49
TA077	9kg	moulded non-slip rubber	€ 42.49





Push-up handles

Ideal for reducing pressure on the wrists. Foam-covered folding handles.

ref.	finish	price
TA274	foam	€ 12.49
	Multi-trainii Suspension	ng system / strap

Attaches to the door or to a bar for ease of training.

ref.	comp.	price
TA051	nylon, steel and aluminum	€ 39.49

